





Istanbul, Turkey
+90 553483 2198
 WhatsApp

Bakhtiari.Saber@gmail.com
www.SaberBr.ir
 Muscle_Tuner

Saber Bakhtiari

Dynamic Chiropractor and Manual Therapist with a proven record of boosting patient wellness and a 97% client satisfaction rate.

Expert in holistic treatments and injury prevention strategies, focusing on Rehabilitation and recovery. Experienced in training fellow therapists and leading workshops to enhance service standards.

Skills

Spinal manipulation
Rehabilitation
Massage techniques
Communication
Teamwork
Customer service
Training and mentoring

Educational Background

Massage Therapy Technician

License: Yumeihu/ Thai/ Reflexology/ Hot Stone/ Beauty Massage/ Relaxation/ Aroma Therapy.

The National Massage Association of the Islamic Republic of Iran (**NCSC**) is a legal entity that coordinates and implements regulations and serves as the chief technical authority in the country, including all specialized massage centers and associations.
www.iranmassage.org

Asian Massage Federation Technician (AMF)

1st-grade technician - over 150 hours

Calisthenics/ Fitness Coach

Certificate of Coaching and Referee
www.icswo.ir

Bachelor's Degree in Mechanical Engineering

Islamic Azad University of West Tehran branch
Ungraduated

High School Diploma

Experience

Physical Therapist Assistant

Cihangir FizioLife, April 2025 – Present

Conducted patient assessments and management, ensuring high-quality care and satisfaction. Gained hands-on experience in various therapeutic techniques, enhancing treatment delivery.

Physiology Head

Calisthenics Committee of Tehran, Jun 2023 – Present

Led research and development for calisthenics training programs, enhancing performance strategies through biomechanics.

Conducted workshops for athletes and trainers, focusing on injury prevention and body conditioning.

Oversaw assessment protocols to improve strength, flexibility, and endurance for optimal physical wellness.

Business owner

Muscle Tuner, February 2023 – Present

Founded and managed a massage therapy center, focusing on therapeutic services, customer satisfaction, and business growth.

Massage Therapist

Royal Club Sports Complex, June 2022 – April 2023

Delivered therapeutic massage services to 30+ clients weekly, enhancing relaxation and recovery.

Collaborated with fitness trainers to develop personalized wellness plans.

Maintained a hygienic and safe environment, consistently adhering to health and safety regulations.

Massage Therapist

Switzerland, May 2020 – April 2022

Delivered targeted massage therapy to over 100 athletes, enhancing their performance and recovery in competitive sports.

Built strong, trust-based relationships with athletes, enhancing their rehabilitation experiences through effective communication.

achieving a 95% satisfaction rate among local sports teams.